

INFORMATION GUIDE
2016 CANADIAN SPRINT CANOE KAYAK CHAMPIONSHIPS
MEMBER CLUB AND COACHES OF CANOE KAYAK CANADA



Atlantic Division CanoeKayak Canada, Host Organizing Committee

ckchampionships2016.com

Introduction:

This guide has been developed to house all important information for Canoe Kayak Canada Member Clubs and Coaching staff who are organizing travel and participation in the 2016 Canadian Sprint Canoe Kayak Championships.

Additional Questions? Please Contact:

Tracy White, General Manager
Atlantic Division CanoeKayak Canada
P: (902) 466-9925 E: gm@adckc.ca

Shannon Kennedy
Atlantic Division CanoeKayak Canada
P: (902) 466-9925 E: nationals@adckc.ca

Event Website:

ckcchampionships2016.com

Accommodations:

We are excited to announce our preferred hotel provider, the [Holiday Inn](#) in Dartmouth. The Holiday Inn is extending a special rate for travelling athletes, families, and coaches.

Traveling without a car? The Holiday Inn is located near the Dartmouth Bridge bus terminal with several routes to Lake Banook or you can walk to the venue (15 min.). As well, the Holiday Inn has a direct shuttle to and from the Halifax International Airport.

Contact the Holiday Inn today to take advantage of their special rate of \$119 per night (there are a limited number of rooms with a balcony). Rooms are available from August 28th - September 4th. All rooms feature two double beds and parking is free. Reservations can be made by calling Holiday Inn's toll free line at 1-888-434-0440 direct 902-463- 1100, or email at reservations@hiharbourview.ca and request a reservation for block code **R12** or under the booking name **CanoeKayak Canada Athlete / Family Rate**.

Event Program:

The event program will be available **on-line**. **Paper copies will not be produced.**



Event App:

Get the event App! Search in the Apple App Store for “Canoe Kayak Championships”, or visit our website for real time results at ckcchampionships2016.com

Judges Tower Number:

During the competition, Head Coaches may contact the Judges Tower by calling:
(902) 466-4886.

D Card Races:

D Card ranking races will be held on the Monday, August 29th on Lake Banook. These races will be run in two blocks:

9:00 am – 9:20 am

W K1 200

W C1 200

M K1 200

11:00 – 11:30 am

W K1 500

W C1 500

M K1 500

1:30 pm – 2:00 pm

M C1 1000

M K1 1000

The course will close for all other paddlers 15 minutes before each block of races starts. The course will re-open for training 5 minutes after the last race.

The draw for these races and further information will be posted on the CKC website.

General Parking:

All event attendees are encouraged and supported to take public transit to the Lake Banook venue as parking is not provided. **Free bus and ferry to Halifax is being offered to all athletes under the following terms:**

Effective Dates: Monday, August 29 to Sunday, September 4



Type of free service: Conventional Bus and Ferry (excluding MetroLink and MetroX)
Times of Day: Weekday: Unrestricted, Weekend: Unrestricted

Attendees will just need to show their credential (credential will be supplied in the Welcome Kits for all attendees).

Each visiting **Club Coach will be given a special parking pass** for one vehicle to be parked in the Nowlan Street Parking Lot. Coaches must sign out their parking pass at the Welcome Centre.

Welcome Kits & Transit Credential:

Upon arrival and throughout the competition athletes competing in Nationals are encouraged to drop by the Welcome Centre to pick up their welcome kit. The Welcome Centre will open at 7:30 am Tuesday, August 30th.

Arrival / Equipment / Trailer Parking:

All Clubs are encouraged to bring their boats on site **Sunday August 28 (official security starts at 6pm on Sunday August 28th – see details below)**. Clubs can drop off their boats and set up in their designated area.

Trailers must be immediately removed and parked in the Atlantic Super Store parking lot (located right up the road at [9 Braemar Drive](#) Dartmouth).

A boat rack will be supplied for Clubs in designated areas.

War Canoes (for Clubs on the Oakwood Park and Banook Club Beach area) must be stored in the parking lot just above the Atlantic Division Racing Centre. A storage system will be supplied.

Please [click here to view our Venue Map](#) to familiarize yourself with the area your Club will be in and the location for war canoe storage.

Please contact Paul Barry **as soon as possible** with your *anticipated* arrival time.

Upon arrival (on Sunday the 28th only) please contact Paul again to be greeted and directed to your Club's home base. Paul can be contacted at the following numbers:
Cell: (902) 222-5115 Home: (902) 434-8807 Email: pbarry@ns.sympatico.ca

On-Site Security:

Security will be provided during the following times, any equipment left on site prior to our



security start date is **at your own risk**.

Sun. Aug 28: 6pm – 6am

Mon. Aug 29: 6pm – 6am

Tue. Aug 30: 6pm – 6am

Wed. Aug 31: 6pm – 6am

Thur. Sep 1: 6pm – 6am

Fri. Sep 2: 6pm – 6am

Sat. Sep 3: 6pm – 6am

Sun. Sep 4: 6pm – 6am

Trophy Return:

All trophies are to be returned **as soon as possible** to the Mic Mac A.A.C. canteen.

First Aid:

Full first aid services will be provided in the Boat Bay at Mic Mac A.A.C.

Band-aides are accessible at the Welcome Centre (please reference the Venue Map).

Sun Safety:

[Click here for sun safety tips – please pass on to your paddlers!](#)

Boat Control:

Boat Control is located at the Boat Bay at Mic Mac AAC. Boat Control times are as follows:

Monday August 29th: 10am – 4pm

Tuesday August 30th – Saturday September 3rd: 7am – last race of the day.

Club Representatives Meeting:

The Club Representatives meeting will be held on **Monday September 29th at 6pm at the Owl's Club**, a one minute walk from the Atlantic Division Racing Centre (see location on [Venue Map](#)).

Commodores Salute:

DATE: Day 5 (Saturday September 3, 2016)

TIME: 12:45 pm

1. The **U17 Men's War Canoe** crews are to line up at **12:45 pm** on the outside of LANE 1, opposite the FINISH LINE TOWER (along the Prince Albert Road boardwalk side) between the FINISH LINE and the 60-meter buoy.
2. Crews are to be facing the FINISH LINE TOWER. The bows of the boats are to be aligned with the OUTSIDE line of buoys along LANE 1.
3. The Commodore will take his place at the TOWER.
4. The STARTER will review the Commodore's Salute procedure with the crews assembled.
5. The STARTER will give the regular START command.
The crews will paddle across the race course together.
6. **The crews will stop at LANE 6 buoy line.** The Announcer will ask the crews to check their boats.
7. The Announcer will then lead the crews with the three cheers for the Commodore with the following:
 - i. **Hip – Hip – Hooray**
 - ii. **Hip – Hip - Hooray**
 - iii. **Hip – Hip – Hooray**

The war canoe crews will join the Announcer on each call and will raise their paddles with water on the tips when they call "Hooray".

The Commodore will respond with a wave.

8. The Athlete representative will present the Commodore's Cup to the Commodore.
9. The War Canoe crews will then proceed to the START line for the start of the U-17 Men's C15 race scheduled for 13:50 (1:50 pm).

On-Site Food & Beverage:

Please ask all athletes to bring their **own reusable water bottle** as **free drinking water** will be available at two locations during Nationals.

One set of taps is located just outside the Welcome Centre (Atlantic Division Racing Centre) and the other along Prince Albert Rd. (beside Mic Mac A.A.C.).

Senobe Aquatic Centre, Mic Mac A.A.C. and Banook Canoe Club will be offering canteens and bar services (19+) throughout the competition, including healthy options.

Boxed lunches will not be available.

2016 Canadian Sprint Canoe Kayak Championships: Social Events

The Atlantic Division CanoeKayak Canada (ADCKC) is thrilled to be hosting this years' National Championships. Along with the celebrations and competition, we are proud to offer many social events for your enjoyment. We look forward to seeing you on the lake and at our events!

Junior Dance



We are inviting all junior athletes (18 and under) to end Nationals on high note with a Much Video Dance party!

Pizza, drinks, and snacks will be available on-site for purchase. Please be sure attendees have some cash on hand.

Junior Dance Details

Date: Saturday September 3rd, 2016

Time: 8pm – 12am

Location: Dartmouth Sportsplex (110 Wyse Rd., Dartmouth)

Ticket Price: \$20 each

Ticket Ordering Process: Tickets must be pre-ordered by **August 20th** by one designated Club representative. For every ten tickets purchased the Club must name one chaperone to accompany the ten attendees. To order your tickets contact gm@adckc.ca

Ticket Pick-up and Payment: Club representatives must pick up and pay for their tickets during Nationals by **12 pm on Saturday September 3rd at the Welcome Centre** and name their chaperone for every ten tickets purchased.

For Sale Snacks at Junior Dance:

- Pizza - \$3.50
- Pop - \$1
- Gatorade - \$2
- Chips - \$1
- Chocolate Bars \$1.50

BurgeeFest

BurgeeFest is back and will feature some of your favourite National Team paddlers as hosts! This time, there's a twist...

All Championship paddlers are encouraged to create their own burgee with a funny, creative and team-spirited message/slogan and share it to the BurgeeFest page (#bestburgee).



The best burgee in Canada will win BurgeeFest sunglasses at the celebration. Keep an eye out at the event for our life-size cut outs of some of the National Team members! You can pose as one, or get a photo with them. Don't forget to share your photos using #BurgeeFest.

BurgeeFest Details

- Date:** Saturday September 3rd, 2016
- Time:** 5pm – 6 pm
- Location:** Mic Mac A.A.C. Parking Lot

Champions of Rings – Honoring our Canoe Kayak athletes, sponsored by: McInnes Cooper



The Host Organizing Committee is pleased to offer a new event in place of the Commodores Dinner – The Champions of Rings event. **This event is by invite only, 19+.**

This event will honour our decorated Canoe Kayak athletes returning from national and international competitions and past elite athletes. We will also recognize the many volunteers and Commodores that facilitate our sport.

This is a complimentary, by invite only, cocktail reception with drinks, munchies and much more!

Champions of Rings Details:

Date: Thursday September 1st, 2016

Location: McInnes Cooper (1969 Upper Water Street)

Times: 7 pm – 9pm

By Invite Only – Dress: Business Casual, 19+

RSVP Deadline: August 20th, 2016 to gm@adckc.ca

Senior Dance

Our renowned Senior Dance (19+) will be held at the Mic Mac A.A.C. This year, we will have music from one of the best bands in Canada – The Mellotones! You don't want to miss this!

Senior Dance Details:

Date: Saturday September 3rd, 2016

Location: Mic Mac A.A.C. (192 Prince Albert Rd., Dartmouth)

Times: 9pm (doors open), 9:30pm – 2:30am

Ticket Price: \$20 ea.

Ticket Ordering Process: Pre-order tickets by contacting paddling@micmacaac.com or pick up during Nationals at Mic Mac A.A.C.



CKC NATIONALS 2016 VENUE MAP



VISITING CLUB GROUNDS

- Banook Canoe Club Beach**
 Burloak • Richmond Hill • Pickering Rouge • Coburg • Sudbury
- Lions Beach**
 Balmy Beach • Mississauga • Rideau • Toba
- Mic Mac / Senobe Beach**
 Quebec Division: Trois Rivières • Pointe-Claire • Lac-Beauport • Cascades • Lachine • Lac-Sergent • Viking • Sherbrooke • Radisson • Shawinigan • Otterburn • Onake

- Oakwood Park**
 Maskwa • Pisiquid • Ottawa River • Carleton Place • North Bay • Sydenham • Gananoque • Sack-a-wa • Cheema • Kennebecasis • Orenda • Abenaki • Pacific Division: Ridge • Kamloops • Pitt Meadows • Burnaby • Nanaimo • Fort Langley • Prairie Division: Calgary • Wascana • Saskatoon • Greater Edmonton

- 1. North Star Rowing Boathouse**
Doping Control
- 2. Atlantic Division Racing Centre**
Main Office • Volunteer & Staff Washrooms (closed to public) • Welcome Centre
- 3. Judge's Tower**
Officials • Results Manager • Safety Boat Coordination
- 4. Mic Mac A.A.C.**
Boat Control • Vendors • Canteen • Bar • Media and Sponsor VIP Area
- 5. Boardwalk (along Prince Albert Rd.)**
Spectators Additional Seating (under 10ft x 10ft tents permitted)
- 6. Race Course**
- 7. Nowlan Street**
Vendors • Restricted Parking for Event Volunteers & Staff • Accessible Parking Spots
- 8. Banook Canoe Club & Beach Area**
Restaurant • Bar • Beach - Visiting Club Grounds (designated) • Accessible Parking Spots
- 9. Owls Club**
Canoe/Kayak Canada Meeting Room • Officials Lunch Area & Washrooms • Officials Storage
- 10. Parking Lot**
War Canoe Storage (NO PARKING)
- 11. Henry Findlay Park**
Vendors
- 12. Mic Mac Parking Lot**
Grandstand Seating • Medal Presentations • Location of BurgeeFest (last day)
- 13. Lions Beach**
Results Sign • Visiting Club Grounds (designated)
- 14. Mic Mac / Senobe Beach**
Visiting Club Grounds (designated)
- 15. Oakwood Park**
Visiting Club Grounds (designated)
- 16. Senobe Canoe Club**
Canteen • Bar

